



**BC NURSES'  
UNION**

*Standing up for health care*

# ***INJURED ON THE JOB?***

**HERE'S WHAT TO DO.**



# ***INJURED ON THE JOB?***

## **HERE'S WHAT TO DO.**

1. Notify your supervisor or manager.
2. Seek first aid or medical attention as soon as possible. If you need to leave your work area, tell your supervisor. Make sure you say that the incident happened at work.
3. Report the incident by phoning the Workplace Health Call Centre **1-866-922-9464** (health authority employees) or filling out an employee incident report (affiliate/independent employees).
4. Start a WorkSafeBC claim for medical treatment and/or missed time from work. Complete a WorkSafeBC form online ([www.worksafebc.com](http://www.worksafebc.com)), or by Teleclaim (1-888-967-5377).
5. Tell your BCNU representative on the Joint OH&S Committee about the incident.
6. Participate in the incident investigation with your BCNU representative on the Joint OH&S Committee.

[www.bcnu.org](http://www.bcnu.org)