



**BC NURSES'
UNION**

Standing up for health care

***NEEDLESTICK?
PUNCTURE?
CUT OR
SPLASHED?***

HERE'S WHAT TO DO.



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1. Seek immediate clinical assessment and/or first aid following your worksite BBF (blood and bodily fluids) exposure protocols. Anti-retroviral prophylaxis, if required, is most effective when started within two hours of the exposure. If you need to leave your work area, tell your supervisor or manager. Make sure you say that the incident happened at work.
2. Report the incident by phoning the Workplace Health Call Centre **1-866-922-9464** (health authority employees) or filling out an employee incident report (affiliate/independent employees).
3. Let the BCNU representative on the Joint OH&S Committee know what happened.
4. Start a WorkSafeBC claim for medical treatment and/or missed time from work. Complete a WorkSafeBC form online (www.worksafebc.com), or by Teleclaim (1-888-967-5377).
5. Create a permanent record of your exposure. Complete a WorkSafeBC Exposure Registry Form. Available online (www.worksafebc.com).
6. Participate in the incident investigation with your BCNU representative on the Joint OH&S Committee.

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