



**BC NURSES'
UNION**
Standing up for health care

**Retired Member
eNews**

www.bcnu.org

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Reminder: Deadline to Opt-Out of NBA Retiree Benefit Program 2026 Payments

Retired BCNU members enrolled in the Nurses' Bargaining Association Retiree Benefit Program (RBP) will receive a payment of up to \$5,500 in 2026. Payments are scheduled to begin in February and may carry potential to affect members' income-tested benefits, such as the Guaranteed Income Supplement and Old Age Security.

To help mitigate potential impact, **RBP members may opt-out of the payment but must do so by Jan. 31, 2026**, using the form on bcnu.org.

The RBP committee has authorized the payment as it waits for a decision from the Canada Revenue Agency on a request made early last year regarding the tax treatment of RBP members' health benefits.

[Read our bulletin](#) for more information.

All retired members are encouraged to share news of this payment with other retirees to help ensure all eligible retired members are enrolled in the RBP to receive future benefits.

RBP Members Encouraged to Keep BCNU Updated

Retiree Benefit Program (RBP) members who have changes to their contact information or financial institution details are encouraged to keep BCNU updated. Providing your updated information allows the RBP committee to contact members promptly or to provide any payments or benefits on schedule. Members can visit bcnu.org and use the direct deposit form to update their information. If you have questions, please email RBP@bcnu.org.

Update Magazine – Digital Edition

In our Winter issue of Update Magazine, we look closely at how BCNU is fighting for members at the bargaining table, in communities, and in the halls of government. From a historic bargaining round to grassroots advocacy and member-led action, this issue highlights the people and strategies shaping the fight for a better future for health-care workers. Explore the evidence behind safer staffing and see how collective action is driving real results across the province.

Our next edition is available in print. If you would like a complimentary subscription to Update Magazine, including print issues, email membership@bcnu.org and include your BCNU member ID.

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