

INJURED ON THE JOB?

HERE'S WHAT TO DO.

1. Notify your supervisor or manager.
2. Seek first aid or medical attention as soon as possible. If you need to leave your work area, tell your supervisor. Make sure you say that the incident happened at work.
3. Report the incident as soon as possible, using the employee incident reporting process for your worksite (i.e. call centre, electronic or paper employee incident report).
4. Start a WorkSafeBC claim for medical treatment and/ or missed time from work. Complete a WorkSafeBC Form 6, online (www.worksafebc.com), or by Teleclaim: (1-888-967-5377).
5. Tell your BCNU representative on the Joint OH&S Committee about the incident.
6. Participate in the incident investigation with your BCNU representative on the Joint OH&S Committee.



Delivering quality care means working in a
safe and healthy environment. www.BCNU.org