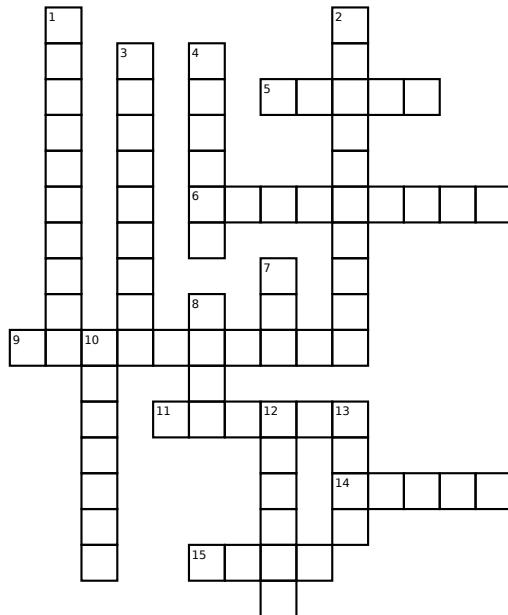


# RSI: Small Tasks. Big Impact.



## Down:

1. Injuries that develop over time are called \_\_\_\_\_ injuries
2. Changing how work is done is called injury \_\_\_\_\_
3. Being able to push through pain shows \_\_\_\_\_ not safety
4. Tool used to prevent injury when lifting patients
7. Injury type that includes RSIs
8. Work that requires high force over time
10. Preventive practice involving body alignment
12. A repetitive task done with hands
13. Muscles that support the spine

## Across:

5. Short pauses during work to reduce strain
6. A workstation adjusted to fit the worker
9. The number one risk factor for RSI
11. Working in the same position without movement is called a \_\_\_\_\_ posture
14. Force. Posture. Repetition are examples of injury \_\_\_\_\_
15. RSI can affect these body parts the most