



Retired Member eNews

www.bcnu.org

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As a retired BCNU member, you are receiving this newsletter to update you on issues and BCNU initiatives you may find important in your retirement.

Retiree Benefit Program - Plan Design Review

The Retiree Benefit Program (RBP) committee has begun its plan design review project. To assist, shortlisted actuary firms met with the committee in early March and after careful consideration, a firm was selected for the project. The selected firm is due to report back to the committee in April on funding, benefit issues and options for the RBP fund. Further details will be provided in an upcoming edition of BCNU's Retired Member eNews. For more on the RBP plan design review, please read our <u>bulletin</u> and see the brand new article on page nine in the Spring 2023 issue of BCNU's <u>Update Magazine</u>.

Outreach in the Fraser Valley

Retired members in the Fraser Valley region, and those soon-to-retire, were hosted for an afternoon question and answer session by Michelle Sordal, BCNU Executive Councillor Pensions and Seniors' Health, and Sharon Sponton, BCNU Treasurer. More than 60 people attended this Feb. 23 member outreach event at the Clarion Hotel and Conference Centre in Abbotsford, where they engaged together on matters related to retirement, pensions, and the Retiree Benefit Program. For more activities of interest to retired members, please visit the BCNU Events Calendar.



Retired and working members gathered for a Q&A on their pension and the Retiree Benefit Program. Pictured left to right: Peggy Eburne (former BCNU regional chair Simon Fraser); Leslie Walker (former BCNU regional chair South Fraser Valley); Andy Wiebe (former BCNU VP); Linda Pipe (former Fraser Valley chair)

Invitation to Volunteer with the Office of the Seniors Advocate

There are two volunteer opportunities with the Office of the Seniors Advocate (OSA) for British Columbia. The OSA is recruiting new members of the Council of Advisors (COA) to provide advice and feedback on issues facing seniors in BC. This volunteer council's purpose is to offer perspectives of seniors from diverse backgrounds, cultures, ages and geographical areas. The time commitment is 10 hours per month on average and the term of office is three years, with a possible extension. Applications are open until April 30, 2023. To learn more and to review criteria, please visit this Seniors Advocate BC webpage.

The OSA is also seeking volunteers to train to become a surveyor to interview residents living in Care Homes for its current Long Term Care Survey. Volunteers are needed this spring in the Lower Mainland and across the province. Surveyors will ask residents about their experiences with the quality of care and services in many areas such as food, safety and homelike environment. For more information and to apply to train to become an OSA surveyor, please visit SurveyBCSeniors.org or call 1-877-952-3181.

If you know another retired member who did not yet receive this email, please forward this to let them know they can update their information with BCNU and be added to this mailing list by contacting Membership@bcnu.org.

Questions or suggestions? Reply to this email with your feedback for future eNewsletters.

For more information, please visit the <u>retired nurses page</u> on the BCNU website.

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