

## OCCUPATIONAL HEALTH AND SAFETY (OHS)

INJURED ON THE JOB - POSTER

## INJURED ON THE JOB? HERE'S WHAT TO DO.

- 1. Notify your supervisor or manager.
- 2. Seek first aid or medical attention as soon as possible. If you need to leave your work area, tell your supervisor. Make sure you say that the incident happened at work.
- Report the incident by phoning the Workplace Health Call Centre 1-866-922-9464 (health authority employees) or filling out an employee incident report (affiliate/independent employees).
- Start a WorkSafeBC claim for medical treatment and/or missed time from work. Complete a WorkSafeBC form online (www.worksafebc.com), or by Teleclaim (1-888-967-5377).
- 5. Tell your BCNU representative on the Joint OHS Committee about the incident.
- 6. Participate in the incident investigation with your BCNU representative on the Joint OHS Committee.



Delivering safe patient care means working in a safe and healthy environment. www.bcnu.org

**Steward Resource Toolkit** 

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AUGUST 2021